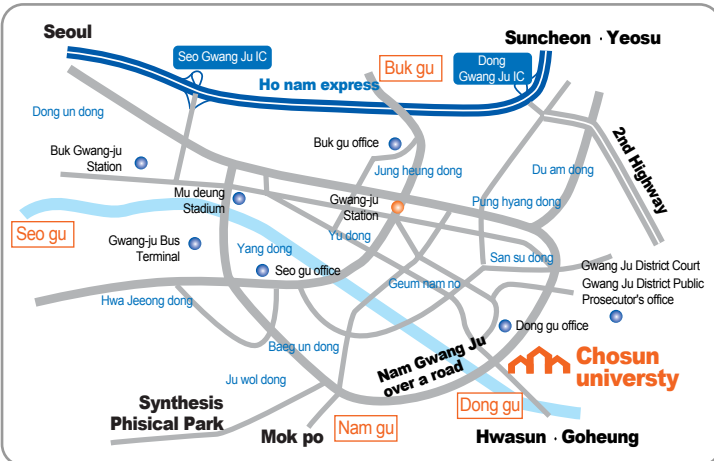




# Traditional Taekwondo Training & Korea Culture Tour

## Location



**CHOSUN UNIVERSITY**  
Chosun University International Taekwondo Academy

Main Office of International Taekwondo Academy, 3rd floor of Physical Education Building,  
375, Seoseok-dong, Dong-gu, Gwangju South KOREA 501-759  
Tel (82)62-230-7415 Fax (82)62-230-7424 <http://tkd.chosun.ac.kr>



# 2010 Chosun University International Taekwondo Academy



- Date : July 18 ~ July 25, 2010(7nights 8days)
- Place : Chosun University
- Organizer : Chosun University
- Supervisor : Chosun University Department of Taekwondo,  
College of Physical Education

Model : Choi, Yeon - ho  
2004 Graduate of College of Physical Education, Chosun University  
2001, 2003, 2007, 2009 World Taekwondo Championships, Gold Medalist





## Outline

The 2010 Chosun University International Taekwondo Academy is designed to expand experiences of Taekwondo for Taekwondo trainees from all over the world for those who love it through instruction by international champions and high-rank players(grandmaster, ninth dan) and to create a field of global harmony where capability is improved and Taekwondo spirit is distributed through reciprocal exchanges.

● **Title** 2010 Chosun University International Taekwondo Academy

● **Period** July 18 ~ July 25, 2010(7nights and 8days)

● **Place** Chosun University, Gwang-ju, South Korea

● **Programs**

· Training Programs : Poomsae Presentation(Basic movements and Poomsae for all belts by graders and by black holders), and Kyorugi

· Theme Training Program

· Namdo Cultural Tour(2nights and 3days)

● **Entry**

· Fee : \$180(US dollar)

· Reception : Administration Department of Chosun University International Taekwondo Academy Committee

· Deadline : July 10, 2010

· Application : Online banking or visiting Administration Department Office Korea Exchange Bank GWANGJU BRANCH  
Bank Account Number : 650-007029-930(Chosun University)

· SWIFT BIC : KOEXKRSE

· Free room and board

● **Pick-up Service**

· At the Incheon International Airport

· At the Gwang-ju Airport

## Schedule Program Schedule (July 18 ~ July 25, 2010)

Date	18(Sun)	19(Mon)	20(Tue)	21(Wed)	22(Thu)	23(Fri)	24(Sat)	25(Sun)
06:00~07:00		Wake-up	Exercise			Wake-up		
07:00~08:00		Breakfast and Free time						
09:30~10:30	Admission, Registration and Housing arrangement	Opening ceremony	Taekwondo (group activity)	Taekwondo (group activity)	Namdo culture tour	Namdo culture tour	Namdo culture tour	Closing
10:45~11:45		Taekwondo (group activity)	Taekwondo (group activity)	Taekwondo (group activity)				
12:00~13:30		Lunch and Free time						
14:00~15:00		Taekwondo (group activity)	Taekwondo (group activity)	Taekwondo (group activity)				
15:15~16:15		Taekwondo (group activity)	Taekwondo (group activity)	Taekwondo (group activity)				
17:30~19:00		Dinner and Free time						
20:00~21:00	Theme Training	Theme Training	Theme Training				Closing Ceremony	

## Instructors Taekwondo Instructors



**Yeon Pan Seok**

· 9th dan of Taekwondo  
· President of Gwangju Taekwondo Association



**Kim Jung Lok**

· 9th dan of Taekwondo  
· Honorary President of Gwangju Taekwondo Association



**Kim Min Cheol**

· 9th dan of Taekwondo  
· Vice-President of Gwangju Taekwondo Association



**Im Ki Nam**

· 9th dan of Taekwondo  
· President of Gwangju Taekwondo Association



**Son Hyang Seong**

· 9th dan of Taekwondo  
· Vice-President of Jeollanamdo Taekwondo Association



**Lee Byung Seok**

· 6th dan of Taekwondo  
· Vice-Chairman of enhancement Department Taekwondo Performance of Gwangju Taekwondo Association



**Wang Kwang Yeon**

· 6th dan of Taekwondo  
· 1st Ranked at 6th World Taekwondo Championship  
· Professor of Dept of Taekwondo, Jeonnam Tech College



**Jeong Mun Cha**

· 7th dan of Taekwondo  
· Member of Taekwondo skill committee of Korea Taekwondo Association  
· Instructor of Korea Taekwondo Association



**Lee Gye Haeng**

· 7th dan of Taekwondo  
· 1st Ranked at 8th World Taekwondo Championship  
· Professor of Dept of Taekwondo, Chosun University



**Jeong Jae Hwan**

· 7th dan of Taekwondo  
· Coach of Korea National Taekwondo Demonstration Team  
· Professor of Dept of Taekwondo, Chosun University

## Instructors Theme Training Instructors



**Im Myung Sub**

· 9th dan of Hapkido  
· President of Gwangju Hapkido Association



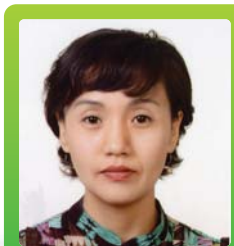
**Lee Dae Hyu**

· Jeonnam Intangible Cultural Asset No.17  
· Master of Seoljanggu  
· President of Gwangju Branch, Korea Traditional Music



**Choi Bum Chang**

· Professor of SungHwa College



**Lim Yeong Nan**

· Director of Wellbeing Yoga Association  
· Instructor of Chosun University

# 2010 Chosun University International Taekwondo Academy Application

Nation	
Organization	

Representative	Name			
	Organization		Position	
	Address	(zipcode: )		
	Mobile / Office Phone		Fax	e-mail

Applicant	Sex		Age	
	Height		Weight	
	Period of Training		Degree of Belts	

Flight Information	Code	Date	Time	Flight No.	Departure	Arrival	Total number of people
	Arrival						
	Departure						

※ Students stay typical in dorm room(2 heads per room) where it is located on campus and are NOT allowed to stay men and women together.

※ Masters and Coaches also stay in dorm room(2 heads per room) where it is located on campus

※ If you are accompanied by children under 8years of age, please make a reservation in advance for a double room to stay with children together.